

1ST ANNUAL MODESTO SPIRIT OF GIVING 5K RUN AND WALK

Benefits: Modesto area food banks and Parks and Recreation scholarship programs for low income families

Brought to you by:

Saturday, December 11th, 2010



CITY of MODESTO



- **Free:** ¼ Mile Kids Fun Run - **Help Santa run the Grinch out of Modesto**
- **Free:** Children's photo with Santa
- **Great raffle prizes:** Get up to 10 tickets by donating canned food or non-perishable food items. All food items will be donated to Gospel Mission. One can = 1 ticket, 10 cans = 10 tickets. Monetary donations also accepted.

Course: Starts downtown at 11th and M, winds through Graceda and MJC neighborhoods, back to start
Start Time: Kids run starts at 8:00 AM, 5k starts at 8:30 AM

	Race Category	Price	<u>after</u> 11/26
	13 & over	\$25	\$30
	Family 3-5	\$60	\$75
	12/under	\$15	\$20

Awards to top 3 in the following divisions:
 First overall male and female,
 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+, male and female.

Questions:
 Contact Mike Araiza @ 524-7110
 Barbara Miller @ 575-4040
 Modesto Parks and Rec. @ 577-5344
e-mail: farmermike@pacbell.net
 recreation@modestogov.com

Waiver:
 I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I hereby certify that I am in good health and I have trained to run the distance of the race, which I am entering. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this running race, I, for myself and anyone entitled to act on my behalf, waive and release the ShadowChase Running Club, the City of Modesto, its officers, directors, agents, volunteers and employees, from all claims or liabilities of an kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

 Signature (parent or guardian if under 18)

 Date

E- Mail:

First name	<input type="text"/>
Last Name	<input type="text"/>
Address	<input type="text"/>
City/ State	<input type="text"/>
Zip Code	<input type="text"/>
Phone	<input type="text"/>
Age Race Day	<input type="text"/>
Sex	<input type="checkbox"/> M <input type="checkbox"/> F
T-Shirt Size	<input type="checkbox"/> xs <input type="checkbox"/> s <input type="checkbox"/> m <input type="checkbox"/> l <input type="checkbox"/> xl <input type="checkbox"/> 2x

T-Shirts Guaranteed for pre-registration only, must be postmarked by 12/03

Mail payments to: Shadow Chase Running Club, PO Box 3605, Modesto, Ca. 95352

Early bib pickup and reg. is available at the Senior Citizens Center, 211 Bodem St. Modesto from 12 noon till 7:00 PM. On Friday 12/10. The Center is located on the corner of Bodem St. and Scenic Dr. **Race day bib pickup/registration** from 6:30 to 7:30 AM at the Modesto Center Plaza, 1000 L St. in the Magnolia room, lower level 11th street entrance

Official use only